



**Achieve extraordinary results - just by being yourself**

### Course Outline

3 Peaks Leadership is a year long modular programme beginning on the 2nd Sunday afternoon of each month, finishing on the Monday evening. Integrating physical, mental and business-focused tasks, the 3 Peaks Leadership development programme challenges you to become the best leader that you can be **at work, at home and in your community.**

### Pre and Post-course work

Participants will be asked to complete a number of work and personality based questionnaires before the start of the course which will help tailor the programme to their needs. Participants will also identify four projects within their organisation that will form the basis of the work-related assignments.

#### Quarter ONE

- |                           |   |
|---------------------------|---|
| 1. What is Leadership?    | Leadership and Style                                  |
| 2. 360° Feedback          | Models and styles of leadership                       |
| 3. Coaching and Mentoring | Understanding your own leadership and thinking styles |
|                           | Coaching yourself and coaching others                 |

#### Quarter TWO

- |                            |   |
|----------------------------|---|
| 4. Team Models             | Leadership and the Team                                     |
| 5. High Performance Models | Influencing, motivating and managing the energy of the team |
| 6. Why Teams Fail          | The value of trust and integrity                            |
|                            | Overcoming dysfunction in teams                             |

#### Quarter THREE

- |                          |  |
|--------------------------|--|
| 7. Business Ethics       | Leading Upwards and Across                                 |
| 8. Politics and Lobbying | Becoming an Authentic Leader; developing trust and respect |
| 9. Strategic Thinking    | The Leadership 'game'                                      |
|                          | Vision and strategy  |

(May 2010)

#### The 3 Peaks Leadership Challenge

#### Quarter FOUR

- |                     |   |
|---------------------|---|
| 10. Managing Change | Leading into the Future                     |
| 11. Your Future     | The psychology of success                   |
| 12. 360° Feedback   | Leadership and Followership                 |
|                     | Progress and priorities, evaluation and ROI |

### Investment

The investment cost for the 3 Peaks Leadership Development Programme is £7,500 + VAT. This includes:

- Overnight accommodation and meals at **Latimer Place**, Chesham in Buckinghamshire
- Programme related coaching support and training materials
- Participation on the **3 Peaks Leadership Challenge**
- Supported by an on-line learning platform

[www.3peaksleadership.co.uk](http://www.3peaksleadership.co.uk)